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11th SUNDAY AFTER PENTECOST

August 8, 2021

10:00 a.m. Service

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10:00 a.m. Morning Prayer

THE GATHERING OF THE COMMUNITY

PROCESSIONAL: Hosanna #18 SB
Celebrant: Lord, open our lips,
People: And our mouth shall proclaim your praise.
Celebrant: O God, make speed to save us.
People: O Lord, make haste to help us. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

I am the living bread which came down from heaven, says the Lord; anyone who eats this bread will live for ever. John 6:51

VENITE

PSALM 95.1-7

Celebrant: People:	Come, let us sing to the Lord; let us shout for joy to the rock of our salvation.
Celebrant: People:	Let us come before his presence with thanksgiving and raise a loud shout to him with psalms.
Celebrant:	For the Lord is a great God,
People:	and a great king above all gods.
Celebrant:	In his hand are the caverns of the earth,
People:	and the heights of the hills are his also.
Celebrant:	The sea is his for he made it,
People:	and his hands have moulded the dry land.
Celebrant:	Come, let us bow down, and bend the knee,
People:	and kneel before the Lord our maker.
Celebrant:	For he is our God, and we are the people of his pasture and the sheep of his h
People:	Oh, that today you would hearken to his voice!

hand.

THE PROCLAMATION OF THE WORD

FIRST READING: 1 Kings 19:4-8

A READING FROM THE FIRST BOOK OF KINGS

But he himself went a day's journey into the wilderness and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors."

Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank and lay down again.

The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

The Word of the Lord.

People: Thanks be to God

PSALM: 34:1-8

I will bless the LORD at all times; his praise shall continually be in my mouth.

My soul makes its boast in the LORD; let the humble hear and be glad.

O magnify the LORD with me, and let us exalt his name together.

I sought the LORD, and he answered me, and delivered me from all my fears.

Look to him, and be radiant; so your faces shall never be ashamed.

This poor soul cried, and was heard by the LORD, and was saved from every trouble.

The angel of the LORD encamps around those who fear him, and delivers them.

O taste and see that the LORD is good; happy are those who take refuge in him.

SECOND READING: Ephesians 4:25-5:2

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own

hands, so-as-to have something to share with the needy.

Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore, be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

The Word of the Lord.

People: Thanks be to God.

THE HOLY GOSPEL: John 6:35, 41-51

THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO JOHN

People: Glory to You Lord Jesus Christ

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, "I am the bread that came down from heaven."

They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day.

It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life.

I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

People: Praise to You Lord Jesus Christ

SERMON: Doug Court

AN INVITATION

How would you define "TRUST"? I am not referring to a bank account, or a Trust Company. I am referring to a relationship with another person.

If you haven't thought of a person you trust, please do so, because my next question is, *how was that trust built up?*

Trusting someone does not come without risk: *have you ever had someone betray your trust?* How did you feel?

Trust is a very strong bond with another person and although that trust in a person may have ended in "betrayal", we continue to *trust* in people (though not necessarily those who have broken trust with us). *What would your life be like without someone to trust?*

Life was not easy 3000 years ago for the psalmist, yet we hear a person offering an *invitation*, "*let the humble hear and be glad*", because this man had found the secret to joy and happiness throughout his life. He put his trust in the LORD. "I sought the Lord, and he answered me, and delivered me from all my fears". He goes on to say, "*This poor soul cried, and was heard by the LORD, and was saved from every trouble*". He concludes with "*Taste and see that the Lord is good; happy are those who take refuge in him*" or as some Bible translations say it, "*happy are those who trust in him*".

The Bible is in a way a story over thousands of years of trust and betrayal between people and nations. It is also a story of those who lived trusting in God. The psalmist put his trust in God and praises Him for never leaving him under any circumstance. His life was full of joy, hope and faith. God never betrayed him.

Trust is a relationship, and there are expectations from both parties. The Bible gives numerous examples of where people have not trusted in God or betrayed His trust. There are a number of examples in Exodus alone, so why does God continue to put His trust in people? *Forgiveness!*

In Paul's letter to the Ephesians Paul tells us to "*be imitators of God*". When betrayed, forgive, (that does not mean, set yourself up for more disappointment). For without trust, life becomes filled with bitterness, anger, and loneliness; things that deprive us of a sense of joy and fulfillment in life. The Psalmist never loses the joy and presence of God throughout the events in his life.

Jesus *invites* us to trust in him. These words are for us as much as they were for the people gathered around him in our Gospel reading this morning. "Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty'". By this statement Jesus is calling us, inviting us, as He did to the original apostles and disciples, to establish a relationship with him. To "Come" to Him is to trust in Him. The Jews in his hometown could not accept the *invitation* because they could not see Jesus as anyone other than the carpenter's son. Their hearts and minds were closed to Jesus' record of miracles and healing, and the thousands who came to hear Him. They could not hear the word of God that He was proclaiming. But Jesus continues to proclaim himself as the "Bread of Life".

Bread that comes from God, in the Bible, does not refer to just physical food. When God sent the manna to the Israelites in the desert, the bread represented Life and Salvation. It was a message to them that they were forgiven, (once again). In the reading from Kings we see Isaiah receiving bread, that gave him strength to carry on for *"forty days and forty nights"*. Later this morning we will ask God to *"give us this day our daily bread"*. That is spiritual food; knowledge, companionship and strength to live and serve God - and trust in his presence.

The psalmist, Paul in his letter, prophets and witnesses have proclaimed God's trust for centuries. Jesus himself invites us to put our trust where it will never be betrayed. As I mentioned earlier, in a relationship, trust is shared. God also has expectations of us and puts his trust in us to do his work in our lives today.

One time when I was on the internet, I found a page titled <u>"5 Ways God Trusts Us"</u>. I focused on the paragraph entitled "God Trusts Us with Talents and Abilities". Each of us has unique talents or skills given us that can be used in God's service. As just a few examples within our parish, (there are others, and although I may not mention you this morning), the Lord knows of your good works. David carries the Gospel to our congregation and beyond through his technical expertise, the Care team who are blessed with the gift of compassion, music talents that allow our voices to be lifted-up in praise, there are those with knowledge that keep this building operating, and so on. Each of us has been given a gift that can be used to do God's work when we are needed– that's what a disciple is. God invites us and trusts us to be there for Him.

Did you ever hear God calling on you to do something? That little voice inside you, (the Holy Spirit), asking you to act? The problem is we often don't recognize that it is God. Have you ever had an experience in a grocery store line up where the person ahead of you is complaining about the food or service or price in the store and taking a strip off the poor cashier as if it were all his or her fault? Did you sense that you should say something positive to the cashier to counter the wrong that she had been subjected to? Did you say something to him or her? What do you think Jesus would have done seeing the innocent subjected to wrong?

We are asked to "*be imitators of God*" as shown to us through the actions of Jesus. When we look at his teaching and miracles, what do you see happening? Besides physical healing, I believe that his greater miracle was to restore one's dignity. (Your faith has made you *whole*). Jesus planted hope, (see sermon on the mount), and restores peoples' dignity by his actions of accepting those who come to Him. We can not perform the miracles of healing the physical ills of a person, but we are called and given the talent to perform "the miracle" in helping to restore one's dignity and hope. Then what looked like a simple act of encouraging the cashier, could go a long way to restoring her dignity and self worth. That is a form of healing. How many times has God invited you to act in place of Himself to provide hope and dignity to someone? Ever visit a friend in hospital who is lonely and scared? Often just a few words, a touch on the wrist or holding a hand, the human touch, (or is it God's touch?) brings a moment of comfort and peace. We can all be healers.

Unfortunately, we often act like the Jews in the Gospel this morning and fail to open our hearts and minds to God calling us, accepting the invitation to Life and Salvation and the joy experienced by the psalmist in his trust of the Lord and answering His call. Our joy is found in answering God's call. By serving others, we serve Him; when we accept His invitation we share in His work and His presence.

I don't think St. Francis of Assisi ever intended his prayer to be the job description of a good disciple, but it gives us guidance to fulfill our calling as disciples:

Lord, make me an instrument of your peace. Where there is hatred, let me sow love, where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled, as to console; to be understood, as to understand; to be loved, as to love with all my soul. For it is in giving that we receive, it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. **Amen.**

Glory be to God.

(Time allowed for Silent Reflection.)

THE APOSTLE'S CREED

Celebrant: Let us confess the faith of our baptism, as we say,

People: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and the life everlasting. Amen.

PRAYERS OF THE PEOPLE (Litany #5)

(Let us pray to the Lord, saying, "Lord, hear our prayer.")

Let us pray for the peace of the world; the Lord grant that we may live together in justice and faith. Lord, hear our prayer.

Let us pray for this county, and especially for Queen Elizabeth, the Governor General Mary Simon, the Prime Minister Justin Trudeau, and all in authority; the Lord help them to serve this people according to his holy will.

Lord, hear our prayer.

Let us pray for children and young people: the Lord guide their growth and development. Lord, Hear our prayer.

Let us pray for the sick: the Lord deliver them and keep them in his love. Lord, Hear our prayer.

Let us pray for all who are condemned to exile, prison, harsh treatment, or hard labour, for the sake of justice and truth: the Lord support them and keep them steadfast.

Lord, Hear our prayer.

We remember the prophets, apostles, martyrs, and all who have borne witness to the gospel: the Lord direct our lives in the same spirit of services and sacrifice.

Lord, Hear our prayer.

THE LORD'S PRAYER

Celebrant: And now, as our Saviour has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

THE COLLECT OF THE DAY (Prayer of the Day)

All: Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

DISMISSAL

Celebrant:	Let us bless the Lord.
People:	Thanks be to God.

Notices: Feast of St. Giles – August 29th Birthdays and Anniversaries

THE BLESSING:

Celebrant:The Lord bless and keep us.The Lord make his face shine on us and be gracious to us.
The Lord look upon us with favour and grant us peace.All:Amen.

RECESSIONAL: Make Me a Channel of Your Peace

#182 SB

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Assisting Doug Court today:

Celebrant/Preacher:	Doug Court
Bread:	n/a
First Reading:	Norm Savill
Second Reading:	Kevin Hamann
Prayers:	Norm Savill
Gospel:	Peter Beckett
Server:	Peter Beckett
Audio/Visual:	David Paradis
Music:	Craig Snider
Chancel Ministry:	Diane MacCormack
Sidespersons:	

This morning in our worship we remember in our prayers those of our family and friends who have immediate needs and concerns:

Zielke Family; Amanda Rose; Mark Ralston; Talis & Derek; Darlene Jessem; Jim Tomkins; Ray Wilson; Judy Virtanen; Lawrence Bornais; Roxanne Reid & Family & The Goodyer Family; Garn Mennell; Jane & Ron Lewis; Lorraine Whitwell; Doreen; Alan Proudlove; Anthony Sacco; Sally Rees & her mom; Michelle Sinclair, Mom and Family; Livia & Neil Purcell; Adesh; Lee & Jeannie Martin; Sheri Scott; Audrey Moody; Wally Raymond; Christine; Kim; Carl; Mark & Erin; Wendy; Brenda Jessem; Shirley; Lynda Raye; Kilravey; Rhonda; Brenda & Brian; Derek; Jaxon Croft; Sean; Amanda Stewart; Kathryn

The names below are people in need of ongoing prayers for various reasons so we ask you to please continue to pray for them and their continuing need of God's healing touch and grace:

Sophia L; Jane Tutty; Jean Glionna; Dorothy & Chuck; Kevin Hamann; Laura Johnston; Marilyn Foley; Kadeem Broomes; Diane M.; Bill Snow; Deborah Hall; Owen; Jen Galicinski; Arlene; Joan Gough; Lorraine W; Stephanie; Fr. Murray; Marg Abbott; Jordan; Margie Mills; Eunice Merrett; Jean Wallace; Nancy Dodds; Bill & Cathy Gray; Wendy Goodyer; Donna Wilson; Gordon Kennedy; Paul & Rose McIntyre; Jim Tomkins; Do Saunders; Jefferson Jr.; June Osolin; Martin & Stephen Bertelsen; Tanya Wade-Vargas.

In the Anglican Cycle of Prayer we pray for:

Diocese of the Church of South India

In the Toronto Diocesan Cycle of Prayer we pray for:

St. James Deanery